

## **Recommended Core Female Panel**

### **Female Hormone Profile**

Progesterone

Testosterone

Free Testosterone

Oestradiol

FSH

LH

LH to FSH Ratio

SHBG

### **Full Blood Count with Differential**

Red Blood Cell count

Haemoglobin

Haematocrit

MCV

MCH

MCHC

RDW

White Blood Cell Count

Eosinophils

Monocytes

Lymphocytes

Neutrophils

Platelet Count

### **Cholesterol**

Total cholesterol

LDL

HDL

Triglycerides

Non-HDL Cholesterol

### **Blood Glucose**

Fasting glucose

Bone Health

Vitamin D

Calcium

Calcium (corrected)

Phosphate

Magnesium

### **Liver Function**

Bilirubin

ALP

AST

ALT

GGT

Albumin

Total Protein

**Kidney Function**

Sodium 'Potassium

Chloride

Bicarbonate

Urea

Creatinine

eGFR

**Inflammation**

Creatinine Kinase

High sensitivity CRP

All these markers are available to order via i-screen ([The Well Woman Check](#))

If ordered through the Minimalist Naturopath, you receive 10% off.