## **Recommended Core Male Panel**

**Male Hormone Profile** Testosterone Free Testosterone Oestradiol FSH LH SHBG **Full Blood Count with Differential** Red Blood Cell count Haemoglobin Haematocrit MCV MCH MCHC RDW White Blood Cell Count Eosinophils Monocytes Lymphocytes Neutrophils **Platelet Count** Cholesterol Total cholesterol LDL HDL Triglycerides Non-HDL Cholesterol **Blood Glucose** Fasting glucose Bone Health Vitamin D Calcium Calcium (corrected) Phosphate Magnesium **Liver Function** Bilirubin ALP AST ALT GGT Albumin **Total Protein Kidney Function** 

Sodium 'Potassium Chloride Bicarbonate Urea Creatinine eGFR **Inflammation** Creatinine Kinase High sensitivity CRP

All these markers are available to order via i-screen (<u>The Well Man Check</u>) If ordered through the Minimalist Naturopath, you receive 10% off.